



Western Cuisine



QF Level: 3 QR Registration No.: 15/002739/L3 Registration Validity Period: 01/09/2015 - 31/12/2025

COURSE FEATURES

Course Aims

Through a simulated learning environment, students will acquire the knowledge and skills in western gastronomy, food commodities, food hygiene and safety as well as western food preparations. The course aims to develop students' interest in the hospitality and catering industry through practical training, and cultivate among them a service culture, self-discipline and team spirit as well as problem-solving, communication and presentation skills.

Professional Qualifications

Students will obtain a Qualifications Framework (QF) Level 3 certificate in addition to HKDSE qualification upon successful completion of the course. This course is endorsed by the Institute of Hospitality (IoH) of the U.K., graduates of this course can register as affiliate members of IoH at their own cost. Moreover, students passing the food hygiene-related module and fulfilling certain specific requirements can obtain a professional certificate recognised by the Food and Environmental Hygiene Department of HKSAR Government. They can also attend a public examination offered by the Royal Society for Public Health, U.K. for an additional professional food hygiene qualification.

Diversified Learning and Teaching Activities

For example, lectures with demonstrations, group discussions and presentations, microbiology testing, industrial visits, practical training and food tasting, project learning, Western Cuisine Skills Competition, etc.

Elective Streams

Two elective streams, viz "Culinary Arts Stream" and "Dessert, Baking and Pastry Arts Stream" are offered and students are required to select one of the streams at the time of application.



LEARNING MODULES

Core Part

1. Culinary Fundamentals (48 hours)

- Introduction to western food preparation
- Kitchen set-up and management

2. Food Hygiene and Occupational Safety (12 hours)

- Food hygiene and safety
- Occupational safety

Elective Part (choose one stream only)

Culinary Arts Stream

3A. Food Fundamentals (30 hours)

- Food commodities
- Food preservation and storage
- Menu and recipe design

4A. Basic Food Preparation (70 hours)

- Stock, soup and sauce
- Appetisers and snacks
- Main dishes
- Greens and side dishes
- Creative garnish and plate decoration

5A. Project on Culinary Arts (20 hours)

- Planning and preparation of a menu for special diets

Dessert, Baking and Pastry Arts Stream

3B. Food Fundamentals (30 hours)

- Food commodities
- Food preservation and storage
- Menu and recipe design

4B. Basic Food Preparation (70 hours)

- Bread and rolls
- Gâteau and pastries
- European desserts
- Chocolates
- Creative toppings and plate decoration

5B. Project on Dessert, Baking and Pastry Arts (20 hours)

- Planning and preparation of a menu for special diets

OR

6. Western Cuisine Skills Competition

Highlights of Western Cuisine Skills Competition 2019



Mr. Lam Ching-wa, Executive Sous Chef of InterContinental Grand Stanford Hong Kong

"There has been a downturn of local hotel and catering business in the past three years for the pandemic. However, the negative impacts would be soon over with the control of the health concerns and the rebound of the global tourism. It definitely requires additional manpower with professional knowledge on western cuisine to meet the need of the hospitality and catering industry. This ApL course not only enables students to acquire basic/essential skills in preparing different types of western dishes in industry-standard training kitchens but also fosters their development of self-esteem, team work and communication skills which are essential in workplace."



Articulation Pathways

Further Studies

Courses related to food production and services, leisure and tourism, hotel management, etc. For example, there are several related courses offered by the Technological and Higher Education Institute of Hong Kong (THEi)/ the Hong Kong Institute of Vocational Education (IVE)/ International Culinary Institute (ICI) :

- Bachelor of Arts (Honours) in Culinary Arts and Management
- Higher Diploma in Culinary Arts
- Higher Diploma in Baking and Pastry Arts
- Higher Diploma in Classic Western Cuisine
- Higher Diploma in Hotel and Catering Management
- Higher Diploma in International Hospitality and Tourism Management
- Higher Diploma in Wine and Beverage Business Management
- Diploma in Bakery, Pastry and Confectionery
- Diploma in International Culinary Arts
- Diploma of Foundation Studies – Hospitality

Employment

Careers in the fields of catering services, airline catering, fast food production, mass food production, bakery and pastry production, hotel services and starting up a business.

Class Arrangement

Mode 1

Every Saturday 09:00 – 13:00 OR
Every Saturday 14:00 – 18:00

Venue

- International Culinary Institute
145 Pokfulam Road, Pokfulam, H.K. OR
- Hotel and Tourism Institute (HTI) (Kowloon Bay)
46 Tai Yip Street, Kowloon Bay, KLN. OR
- Hotel and Tourism Institute (HTI) (Tin Shui Wai)
11 Tin Ho Road, Tin Shui Wai, Yuen long, N.T. OR
- IVE (Haking Wong)
702 Lai Chi Kok Road, Cheung Sha Wan, KLN. OR
- VTC Ma On Shan Complex
2 Hang Hong Street, Yiu On Estate, Ma On Shan, Shatin, N.T. OR
- Youth College (Yeo Chei Man)
11 To Lok Road, Tseung Kwan O, N.T.



Mode 2

Subject to mutual agreement between the school and the VTC.

Selection Arrangement

Students are required to attend a group interview or an online interview/assessment. Selection is based on student's interest in the course and the industry, grooming standard, attitude and enthusiasm as well as communication skills. Assignment of class (including stream, lesson time and location) is based on students' performance in the interview.

Course Fee

\$16,050 (Course fee is fully subsidised by the EDB.)

Remark: Final class venue/ time may be subject to change with respect to the confirmed number of enrolment and other special circumstances.